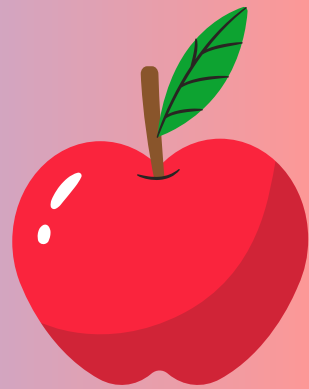
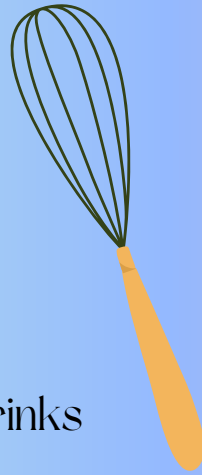


CANTEEN MENU



Sandwiches

Toasted sandwich add	.50c
Bread rolls add	.80c
Vegemite	3.00
Vegemite and cheese	4.00
Cheese	3.50
Ham	4.50
Ham and cheese	5.50
Ham, cheese and tomato	6.00
Chicken and lettuce yummy chicken and mayo mix or plain chicken on request	5.50
Classic salad roll w tomato cucumber beetroot lettuce and cheese	6.50

Hot stuff

Homemade sausage roll	6.00
Homemade veggie sausage roll	5.00
Pita pizza margarita v	5.00
Pita pizza Hawaiian	6.00
Pita pizza vegetarian v	6.00
Quesadilla vegetarian v	6.00
Quesadilla chicken	7.00
Spaghetti bolognese w a sprinkle of cheese	6.50
Macaroni cheese v	6.00
Spirals w napoli v	6.00
Fried rice gf	6.00
Vegetarian fried rice gf	5.50

Drinks

Strawberry or choc milk	3.00
Fruit juice-orange- current and apple- apple	2.80
Bottled water	2.50

Wednesday:

Cheese burgers with sauce and pickles	6.50
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Thursday:

Dumplings with soy	6.00
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Friday

Hotdogs /veg hotdogs	5.00
w cheese	1.00
w sauce	.30c

Extras

Add cheese	1.00
Lactose free cheese	1.00
Vegan cheese	1.50
Tomato sauce packets	.30c
Gluten free pasta	1.00

- Gluten free-gf
- Vegetarian-v
- Vegan-vg
- Dairy free-df

Other stuff

w lunch orders only

Gluten free chocolate brownie	2.50
Lemon slice	2.50
Raspberry and white choc muffins	2.50

Counter snacks

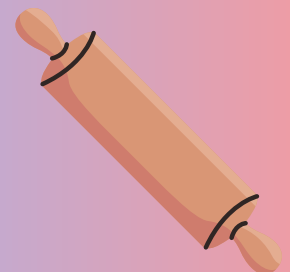
available w lunch orders too

Sliced fruit -apple -pear- mandarin or orange	1.50
Choccy balls vg	1.50
Quinoa snacks	1.00
Popcorn gf	1.00
Anzac cookie	1.50
Orange and sultana cookie gf	1.50
Ginger person	1.00
Lemon and blueberry muffin mini	1.50
Apple and cinnamon muffin mini	1.50
Homemade fruit juice jelly cups	2.00

Cold stuff

Homemade Frozen fruit juice jelly cups	2.00
Frozen Yoghurt w homemade fruit swirl	2.00
Fruit juice icy poles	1.00
Homemade fruit juice icypoles on a stick	1.50

We use wholemeal bread and rolls. White bread is also available upon request.



RYE PRIMARY SCHOOL