

# RYE PRIMARY SCHOOL



# **TERM 2 2024**

# CANTEEN

Open Wednesday Thursday & Friday for lunch orders and window sales



#### **Nutritional Guide**

All The Food in this Canteen Menu has be ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

This Menu is in line with the DET School Canteen and other School food Policy "

Whilst we offer Gluten Free choices they are prepared with care in a Gluten environment

We use responsible packaging where possible

WWW.STIRCRAZYKIDS.COM.AU
PH 0405110407

## **ON-LINE LUNCH ORDERS**

#### You can order your child's lunch online

# **Stir Crazy Kids**



Down load the App at the App Store or Google play

We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch. Add it to your cart and checkout for each student individually, and we will take care of the rest. You can order in advance or on the day Ordering closes at 9am Too easy!!

Categories are the same as this menu.

Need some help! support@stircrazykids.com.au Call 0405110407

## **CANTEEN LUNCH ORDERS**

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**;

Child's Name & Grade, Food order, Cash amount enclosed Food Allergies in Red Pen

Please provide one bag per order

- \*If a bag is not supplied 20c for a bag will need to be included.
- \* To help us to comply with Food Saftey Regulations all Paper Bags must be new



## **TUMMY TEASERS**

Available for lunch orders and every Canteen day at Recess and Lunchtime

$\odot \odot$	Orange 1/4	. 60c
$\odot \odot$	Slinky Apple	\$1.30c
$\odot\odot$	Slice of Fruit in Season	\$1.50c
	Mini Muffin	\$1.30c
	Anzac Biscuit	\$1.30c
	Gluten Free Anzac Biscuit	\$1.60c
$\odot \odot$	Garlic Bread	.60c
	Jumpys (Chicken/Salt&Vin)	\$1.20
	Vegie Chips (Gluten Free)	\$2.20
	Grain Waves	\$2.20
$\odot \odot$	Cobs Pop Corn	\$2.20
	Popcorn Plain Small Bag	\$1.00
©©	Vaalia Yoghurt Tubs— 100ml Tropical, Mixed berries & Blueberry Lemon Crème Passionfruit & Vanilla Available fresh or Frozen	\$2.00
©©	Quelch—Frozen Fruit Icy Pole	\$1.00

#### **DRINKS**

© Juice Box 250ml– Apple /Orange
Apple & Blackcurrant \$2.80
Oak Milk 300ml



Oak Milk 300ml
 Choc / Straw /Van \$3.30
 ○ Plain Milk \$3.30
 ○ Lactose Free Choc Milk \$3.30

Hot Chocolate \$3.50 ⊕ Bottled water \$2.20

Prices include the State Gov Container Tax

# **SPECIAL MEAL DAYS**

#### **WICKED WEDNESDAY**

Crispy Chicken Tender Wrap \$5.00
With Lettuce and Mayonnaise
Add cheese .50c
Lactose free cheese \$1.00

#### **TEMPTING THURSDAY**

$\odot$	Mrs Mac's Sausage Roll	\$4.00
$\odot$	Mrs Mac's Traveller Beef Pie	\$6.00
	Gluten Free Pies	\$7.00
	Vegan Pie	\$6.50
	Tomato sauce	30ea

#### **FANCY FRIDAY**

Un a white long roll \$5.00

Add Cheese \$1.00

Vegan or Lactose free cheese

Tomato sauce or mustard .30ea

#### **SPECIAL MEAL DEAL**

Include an Oak Milk or Plain Milk for \$3.10.

Add a Slinky Apple, Anzac or a Mini Muffin for \$1.10c each



# RIGHT-ON-WRAPS Wed-Thurs

Tortilla Style Wrap with your choice of:

Cheese & Salad	\$6.00
Ham & Salad	\$7.50
Chicken & Salad	\$7.50
Tuna & Salad	\$7.50

Add cheese for \$1.00 Lactose free & Vegan cheese \$1.50 Add avocado for \$1.50

# SUPER SALAD BOWL Wed-Thurs

Super Salad Bowl \$6.00

Lettuce, Tomato, Carrot, Cucumber & Cheese

Add Chicken, Ham, Tuna,

& Avocado for \$1.50 EA

Substitute lactose or Vegan cheese for \$1.00

#### **HOT ITEMS ANY DAY**

#### **Meal Deal Any Day**

Penne Pasta & Oak Milk \$8.60 Add a Slinky Apple, Anzac or a Mini Muffin for \$1.10c each

	Penne Pasta with Cheese	\$5.50
	(Available Gluten Free)	\$6.50
	Mini Corn Cob	\$1.50
	Chicken Zoomer with cheese	\$6.00
	Tuna , Chicken or Ham Melt	
	Toasted with Corn & cheese	\$5.80
	Pita Pizzas Margarita	\$4.50
	Garlic & Cheese	\$4.50
	Cheese & Vegemite	\$4.50
	Ham & Cheese	\$5.00
	Hawaiian	\$5.50
Sul	ostitute with lactose or Vegan cheese for S	\$1.00

### **SUPER SANDWICHES**

& ROCK 'N' ROLLS Wed-Thurs

Your Choice White Hi Fibre/Wholemeal Rolls are available for an extra \$1.00 Gluten Free Bread \$1.00 Lactose Free Cheese \$1.50

$\odot$	Vegemite	\$3.00
$\odot$	Honey	\$3.00
	Cheese	\$3.50
	Cheese & Vegemite	\$4.00
	Cheese & Lettuce	\$4.50
	Cheese & Tomato	\$4.50
	Fresh Chicken	\$4.50
	Fresh Chicken & Salad	\$6.50
	Ham	\$4.50
	Ham & Salad	\$6.50
	Ham & Cheese	\$5.40

Extra fillings, Tomato, Cheese, Carrot, Lettuce All extra fillings are \$1.00 each . Avocado \$1.50 Lactose Free Cheese \$1.50 GF Bread \$1.00 & Vegan Cheese \$1.50

# **Truly Tasty Toasties**

	Vegemite	\$3.00
	Cheese	\$3.50
	Ham	\$4.50
	Ham & Cheese	\$5.50
	Chicken & Cheese	\$5.50
	Cheese & Vegemite	\$4.00
	Cheese & Tomato	\$4.00
	Ham, Cheese & tomato	\$6.50
Substitu	te with lactose or Vegan cheese fo	r \$1.00

Order online Details PTO